

# RETREAT PROGRAM

On March 21-23, 2025, the Phoenix Temple ministers will conduct a Regional Retreat on the teachings of Paramahansa Yogananda. The Retreat will be held at The Redemptorist Renewal Center at Picture Rocks, a retreat center located high in the desert foothills northwest of Tucson, Arizona. The Center has comfortable guest rooms, views of the Sonoran Desert, beautiful walkways and is the site of ancient Hohokam Indian petroglyphs. Vegetarian meals will be served during the weekend. The Retreat program will focus on the application of Self-Realization Fellowship techniques and teachings for recharging ourselves physically, mentally and spiritually. Group Energization Exercises, meditation, satsanga, spiritual study, private reflection and silence.

- **Venue:** The Redemptorist Renewal Center is located at 7101 W. Picture Rocks Rd., Tucson, Az. Their website is [www.desertrenewal.org](http://www.desertrenewal.org).
- **Accommodations:** 29 single occupancy rooms and 16 double occupancy rooms are available to the first 61 people who register. All rooms have private baths. Double occupancy rooms must be registered by two individuals. If you want a double occupancy room, but do not have a roommate, we will put you on our waiting list. Please indicate the person you are sharing the room with on the registration form.
- **Commuters:** Two commuter options are offered. Commuters can choose to attend all events, or Saturday only. Meals are included with the registration for commuters. (Only Saturday meals for Saturday commuters.)
- **Check-in** at the RRC main office is between 3:00 and 4:45p.m. on Friday the 21<sup>st</sup>. Supper starts at 6:00 p.m. The opening event will begin at 7:00 p.m.

- Commuters can check-in outside the Petroglyph room at 5:00 pm.
- Saturday commuters should check-in outside the Petroglyph Rm. at 7:30 a.m. on Sat. morning.
- Cell phones/smart phones should be turned off for retreat events and meals. Smartphones may be used for notetaking in silent mode.
- Silence is an important part of the retreat program. Silence begins Friday night and ends at lunch on Sunday. Please limit phone use to emergency calls made in rooms or private areas.
- Recording the SRF classes is not permitted during the Retreat.

## Registration

- All SRF Lessons students and Kriyaban members are invited to attend.
- Please submit your reservation forms early. We expect the retreat to fill up quickly, especially single rooms.
- All fees are due at time of registration and are refundable if a reservation is canceled according to the RRC's cancellation policy.
- Mail your check (made out to Self-Realization Fellowship) and completed registration form to Retreat Registrar, 6111 N. Central Ave., Phoenix, AZ 85012. Or return it to the registration table at the Temple (Sunday mornings in late Feb., early March).
- After registration is received, a confirmation packet will be given/sent to all retreatants containing a cover letter, map and retreat schedule.
- In the event of a last-minute cancellation, please notify the RRC at 520.744.3400.
- This page can be printed from the link on the Phoenix Temple website ([www.phoenixtemple.org](http://www.phoenixtemple.org))

### 2025 RETREAT REGISTRATION Personal Information

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

CELL/PHONE #: \_\_\_\_\_ EMAIL \_\_\_\_\_

Room registration (incl. room and meals):

\_\_\_\_\_ Single room(s) @ \$330 per person

\_\_\_\_\_ Double room(s) @ \$290 per person - Name of Roommate (required)\*: \_\_\_\_\_

\_\_\_\_\_ Commuter @ \$180 per person (Includes all meals)

\_\_\_\_\_ Saturday Commuter @ \$90 per person (Includes breakfast, lunch, supper on Saturday)

Would you benefit from an "easy access" room? (these are limited) \_\_\_\_\_

Would you like your confirmation packet sent by mail \_\_\_\_\_ or email attachment (preferred) \_\_\_\_\_

Please specify any medical issue, or food and dietary allergies: \_\_\_\_\_

I have enclosed a check for \$ \_\_\_\_\_

Cash/check payments only for mail-in registrations. Credit Card payments are accepted only at the Phoenix Temple registration table. \*Name of roommate is required. Double occupancy rooms must be registered by two attendees at the same time. Single persons requesting a double occupancy room will be placed on a waiting list.